

**RAMANA VIDYALAYA (CBSE)**  
**Sholinganallur, Chennai 600119**

**Dear Parents of Grade 6 to Grade 12,**

**Namastey,**

Summer vacations are round the corner and spells fun, frolic and ice-creams for more than one and a half month. While fun is intrinsic to their age, constructive activities and fruitful occupation of their time is of vital importance. There is a sincere request to all the parents to kindly read and try to do maximum of these for all the overall development of personality of our children.

During the holidays,

1. Take your ward to the nearest bank to familiarise them about the functioning of banks
2. Take them to government hospitals and show them the difficulties the patients and their family members are going through and tell them how difficult it is to go through the process of pain if you meet with an accident
3. Take them to your work place so that they understand the work that you do and that you work hard to support the family.
4. Take them to an agriculture field and let the child understand the importance of agriculture and the hard work of people in the fields.
5. Let them spend more time with loved ones (Grandparents and other elders) and have the affection and good times of being with the family
6. As far as possible keep your children away from T.V and electronic gadgets. Play lot of traditional indoor games with them.
7. Books are the chief medium of imparting knowledge and education to the kids. The books are the window to their perfect understanding of different topics. To enhance their knowledge and reading skills make your child read the story books. You can read aloud stories in any language. You can ask them to narrate stories using their own puppets with old bottles, cartoons, ribbons, buttons etc...

8. Let them understand their responsibility of cleaning their own plate after every meal, help you in household activities like cleaning, cooking, shopping, washing utensils & clothes and let them learn to make simple snacks and how to pack food , bag etc.,
9. Engage in activities and conversation where the entire family participants listen to the ideas of your ward, fulfill their essentials, say no to things which are not essential and beyond your limit. Teach your child to say “No” to his friends or neighbours and keep away from wrong influences.
10. Encourage Newspaper reading
11. Make them to watch news channels and educative programmes for a specified time
12. Make them understand the pain of others and to help everyone as and when possible
13. Do not enroll them in too many classes and keep all their vacation time filled. Give them their free space, so that they can spend some time for themselves without the influence of Wifi.
14. Life has ups and downs, talk to them about these and guide them to face the realities in life rather than keeping them in a world of fantasy.
15. Truly giving from the heart fills your life with joy and the best thing which you can give is your time. Please visit an old age home or orphanage and spend some time talking , helping people there.

At RAMANA VIDYALAYA, we are committed to make our students responsible citizens of our society. It is our responsibility to inculcate human values in our future generation.

I hope these above said activities/experience, apart from their academics, will prepare them for the world outside.

Have a nice holiday time and enjoy yourself with the family.

With good Wishes,

Ramana Team