

**RAMANA VIDYALAYA,Sholinganallur,Chennai 600119**

**Dear Parents of LKG to grade 2**

**Namastey.**

Summer is here and so are the vacations!☀️☐

Summer vacation is a welcome break....Break from fixed schedules, rules and regulations of the school. Freedom brings more responsibility. So keeping this in mind, we have planned most of the activities to keep our children engaged and also help them in channelizing their energies. Kindly help and guide your child in enjoying the holidays and also exploring his/ her creative self.

**Happy Holidays! Have fun with your little ones!**

Here is a list of activities which you must do with your child to make their holidays more enjoyable:

1. Have at least two meals with your child. Tell them many people work hard to provide them the meal. Let the child understand the importance of agriculture and the hard work of people in the fields.
2. Take them to your work place so that they understand the work that you do and that you work hard to support the family.
3. Let them wash their own plate after every meal everyday. Children will learn dignity of labour from such habits.
4. Allow them to help you in cooking. Let children learn to make snacks.
5. Allow them to clean your shoes and take their help in folding clothes.
6. Visit grandparents and 3 neighbours. Know more about them- click pics with them.
7. Share stories with them, tell them about your childhood and family history.
8. Let them learn a few folk songs from grand parents, neighbours or from you.
9. Books are the chief medium of imparting knowledge and education to the kids. The books are the window to their perfect understanding of different topics. To enhance their knowledge and reading skills make your child read the story books or go through picture books. You can read aloud stories in any

language. You can narrate stories using your own puppets with old bottles, cartons, ribbons, buttons etc...

10. As far as possible keep your children away from T.V and electronic gadgets. Play lot of traditional indoor games with them.

**Good manners and good habits and hygiene are lifelong assets and they should be practiced until they become habit. So ensure that your child:**

11. Brushes teeth twice a day.
12. Trims nails often.
13. Saves water and electricity.
14. Keeps your surroundings and environment clean by not throwing things out of the windows/ bus/car/balcony.
15. Revises the four magical words: PLEASE, SORRY, THANK YOU and EXCUSE ME. Make these four magical words a habit and see the difference

**Last but not the least**

Look into the eyes of your little ones, thank God for giving you one - who is a bundle of joy. You are only a temporary custodian. In a short while she/he will be soaring to heights where you have no role to play.

**Happy vacations and take good care of yourself and your near and dear ones.**

**Regards**

**Ramana Team**