

RAMANA VIDYALAYA (CBSE)
Sholinganallur, Chennai 600119

Cool Ideas for Sizzling Summer

Dear Parents

Warm greetings from Ramana vidyalaya !!

Summer vacations have already begun. Summer spells fun, frolic and ice-creams. While fun is intrinsic to their age, constructive activities and fruitful occupation of their time is of vital importance. There is a sincere request to all the parents to kindly read and try to follow as many activities as possible for the overall personality development of our children.

During the holidays,

* Spend quality time with your children and have minimum two meals with them avoiding TV and mobile phones.

* Let them understand their responsibility of cleaning their own plate after every meal, help you in household chores and let them learn to make simple snacks and pack their lunch

* Take your ward to the nearest bank to familiarize them about the functioning of banks.

* Take to the railway stations and Bus stations and ask them to observe how to book tickets

* Take them to government hospitals and show them the difficulties the patients are going through and tell them how difficult it is to go through the process of pain if you meet with an accident.

* Inculcate reading habits . sit with them ,when you also spend time reading good books . You can also do loud reading and make them read with you.

* Take them to your work place and make them understand how much you work hard to support the family

* Let them spend more time with loved ones (Grandparents and other elders) and have the affection and good times of being with the family. Ask the grand parents to share their experiences in life. Let them learn from them the skills that they possess.

* Take them to a farm and show them how hard a farmer works to grow the food we eat .

* Ask about their needs and satisfy some of the useful ones and say 'NO' to those which are beyond your limit or not essential.

* Make them understand the pain of others and to help everyone as and when possible.

*Make them do or participate in different activities to protect our environment

Let them understand that life has both happiness and difficulties.

At RAMANA VIDYALAYA, we are committed to make our students responsible citizens of our society. It is our responsibility to inculcate human values in our future generation.

I hope these above said activities/experience, apart from their academics, will prepare them for the world outside.

Have a nice holiday time and enjoy yourself with the family.

With good Wishes,

RV Team